



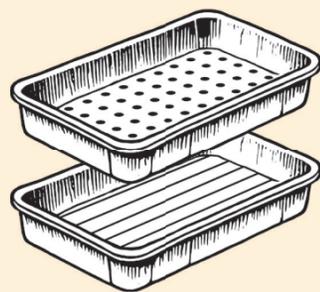
Cultivating growth, empowering lives

Processes Day by Day

Day 1

Germination

A. Get two clean trays- Tray with Holes (top) Tray without Holes (bottom)



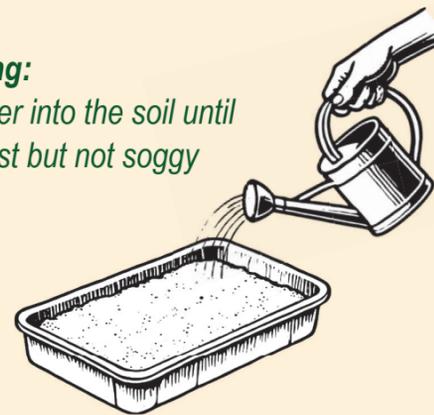
B. Mix soil and fertilizer and water It

Soil Mix: 1 gallon

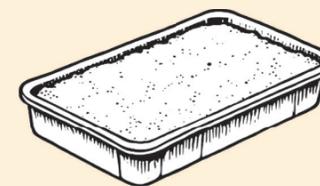
Fertilizer: 40 grams



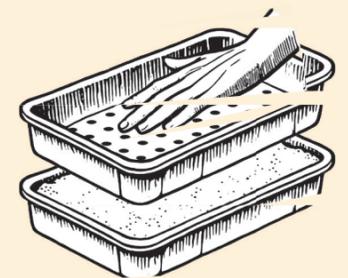
Watering:
Mix water into the soil until it is moist but not soggy



C. Cover the tray (to the top) with the mix soil



D. Press the soil (with another tray)



E. Top water the soil

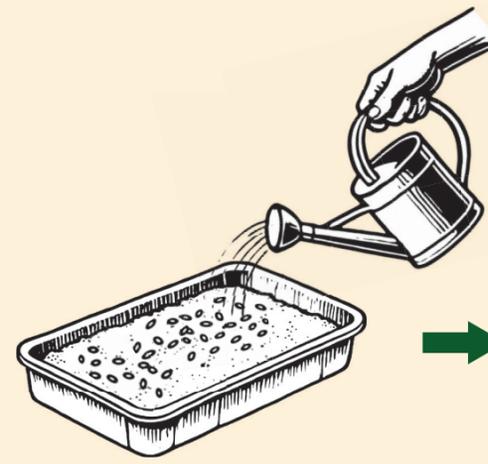


F. Spread seeds

Cover everything, do not overlap



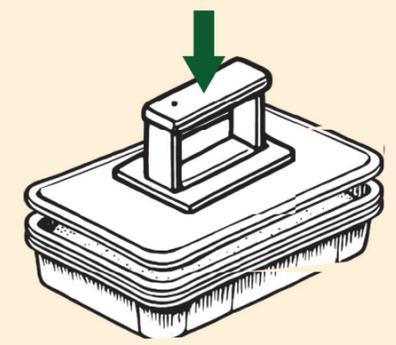
G. Top water the soil and seeds



Press the seeds (gently)



H. Stack the trays and put weight in the top

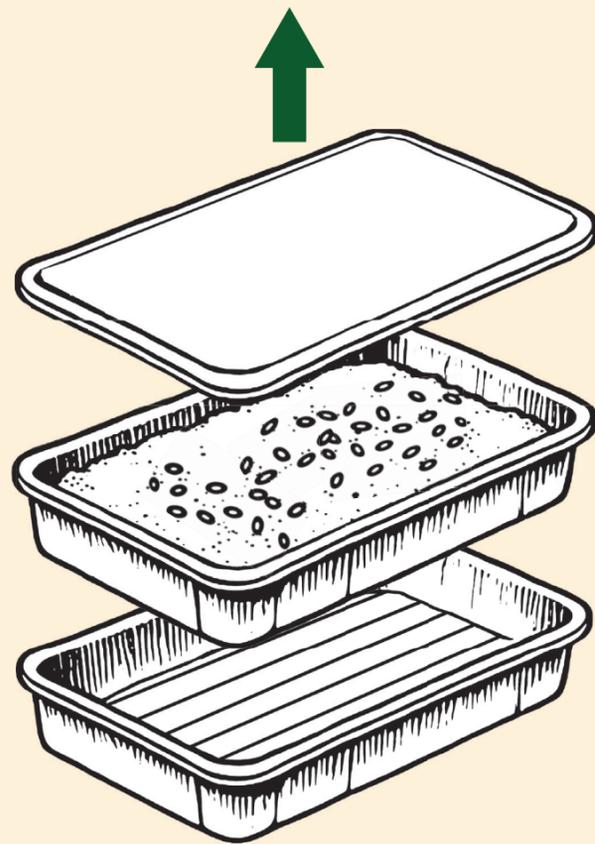


Day 2

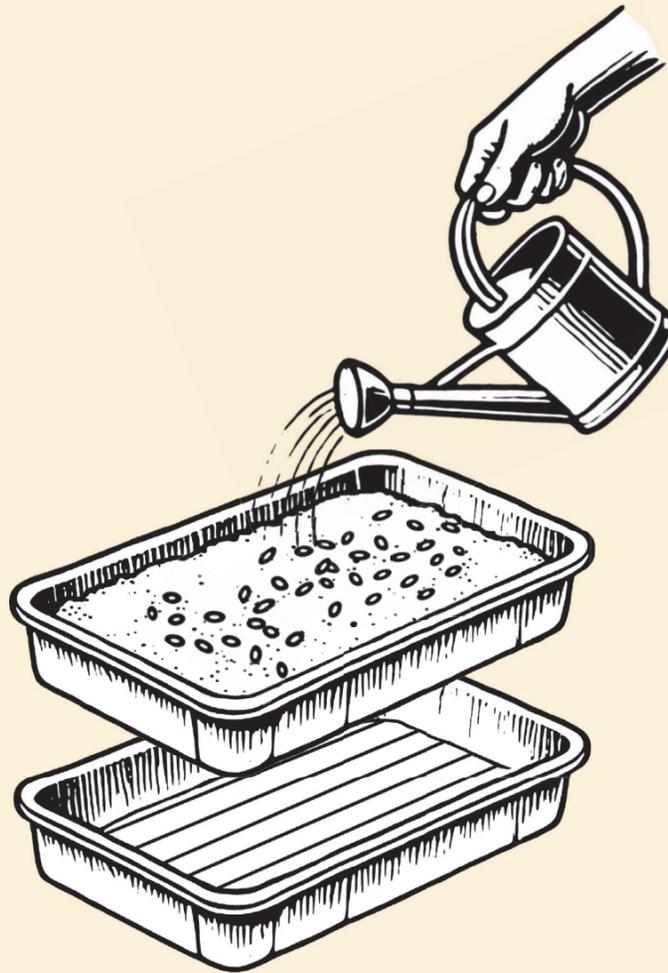
Germination



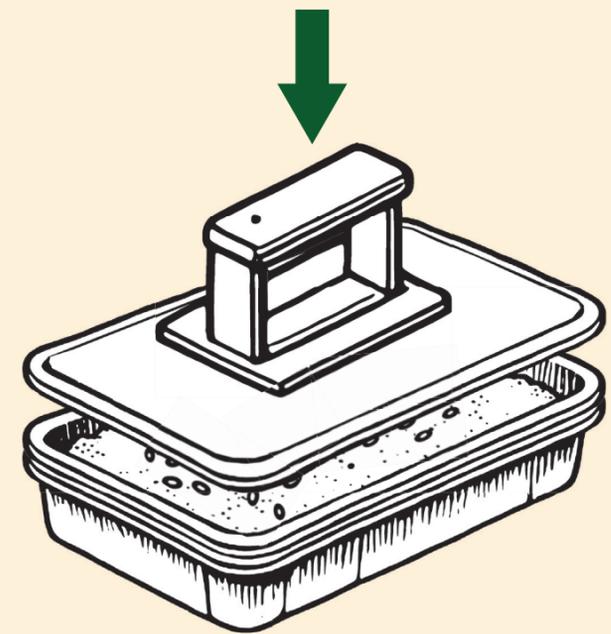
A. Unstack the trays



B. Top water



C. Stack the trays and put weight in the top

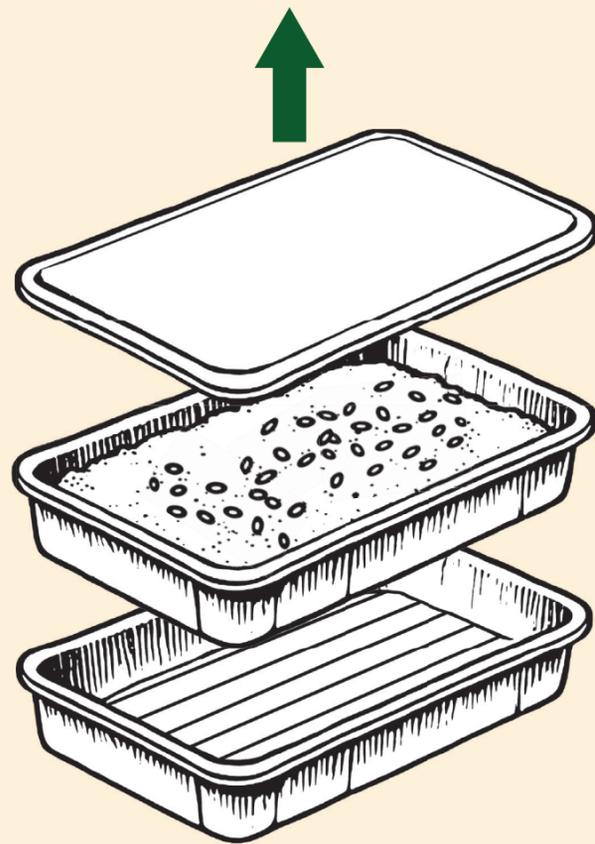


Day 3

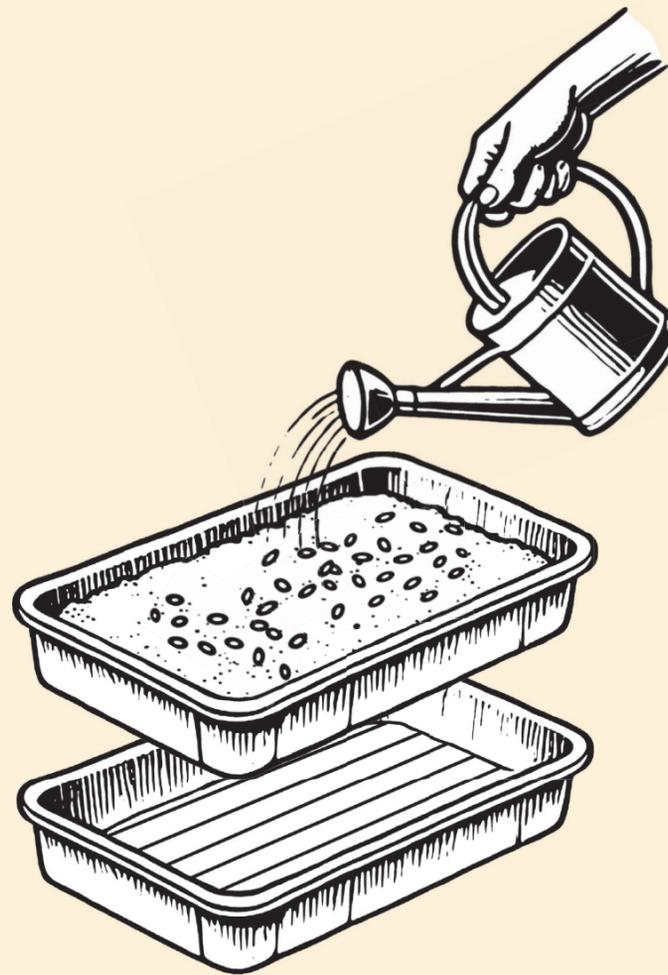
Germination



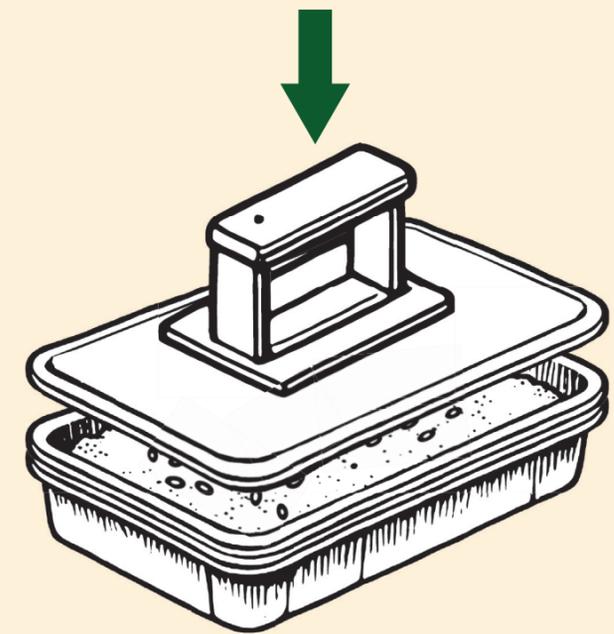
A. Unstack the trays



B. Top water



C. Stack the trays and put weight in the top

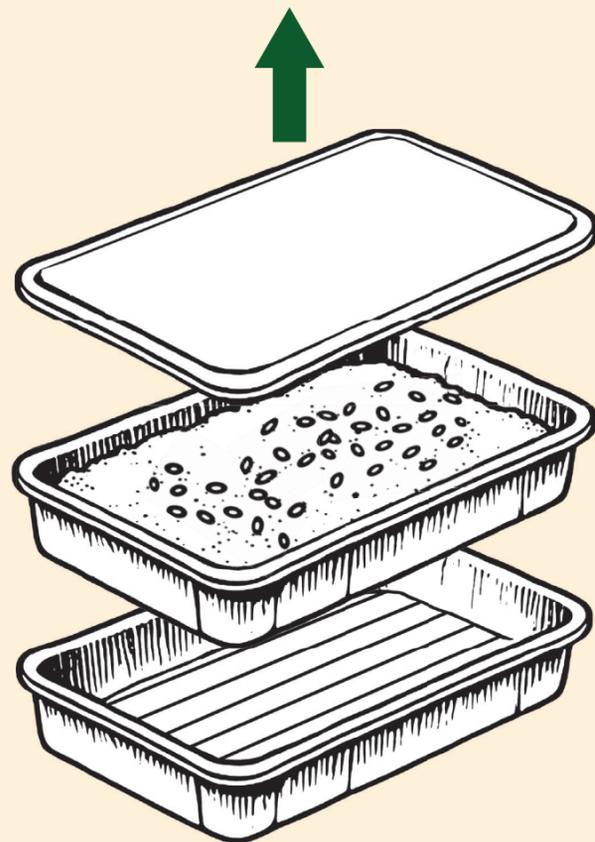


Day 4

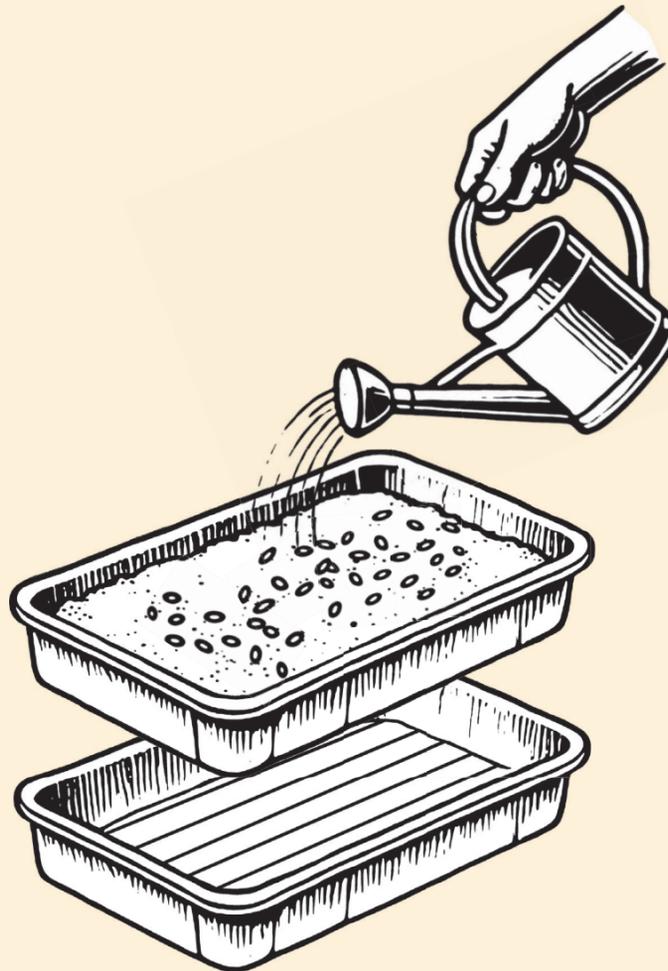
Germination



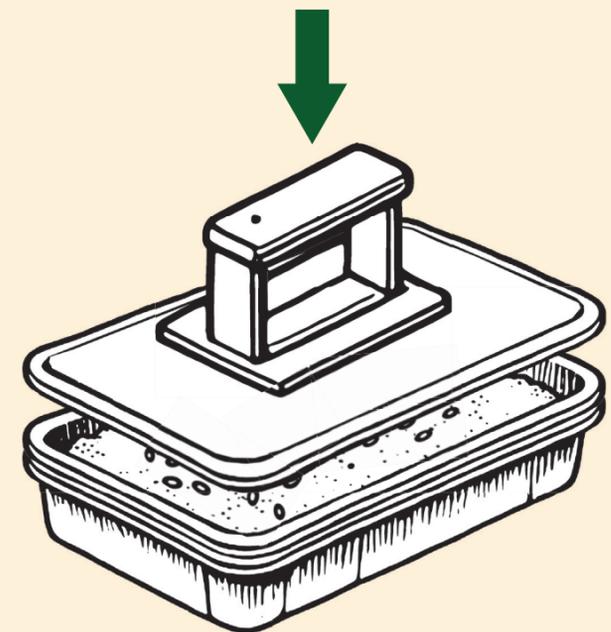
A. Unstack the trays



B. Top water



C. Stack the trays
and put weight in
the top



Day 5

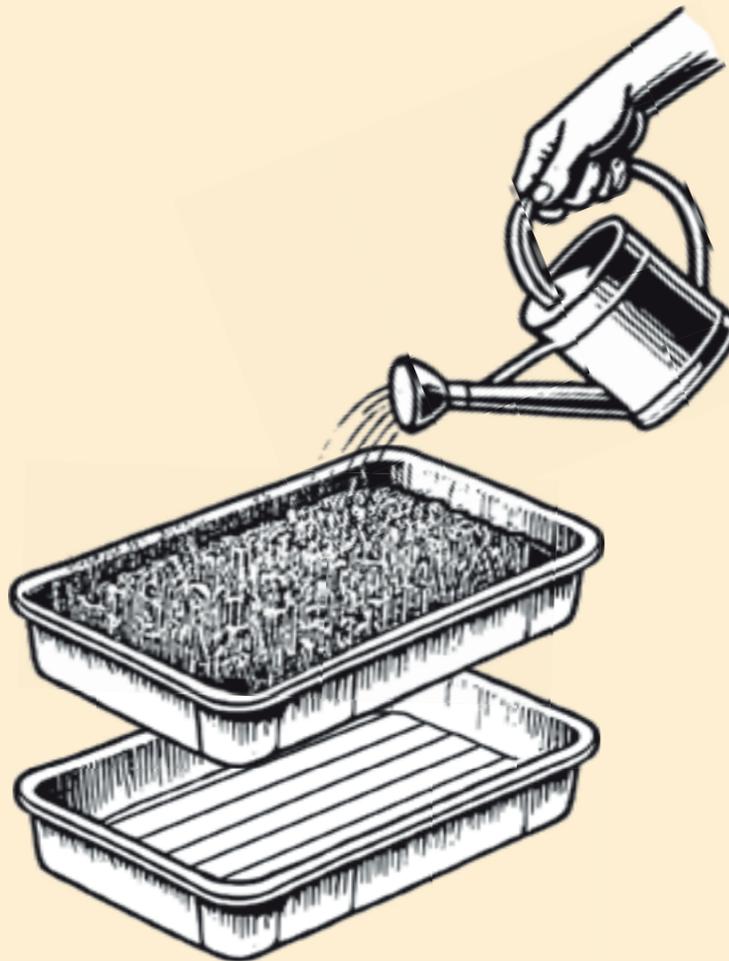
Growth



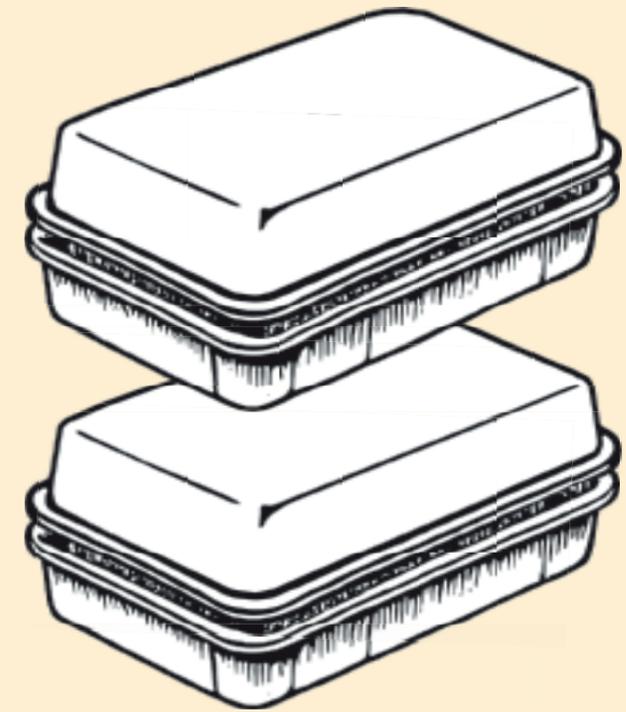
A. Unstack the trays



B. Top water



C. Cover each tray like a box



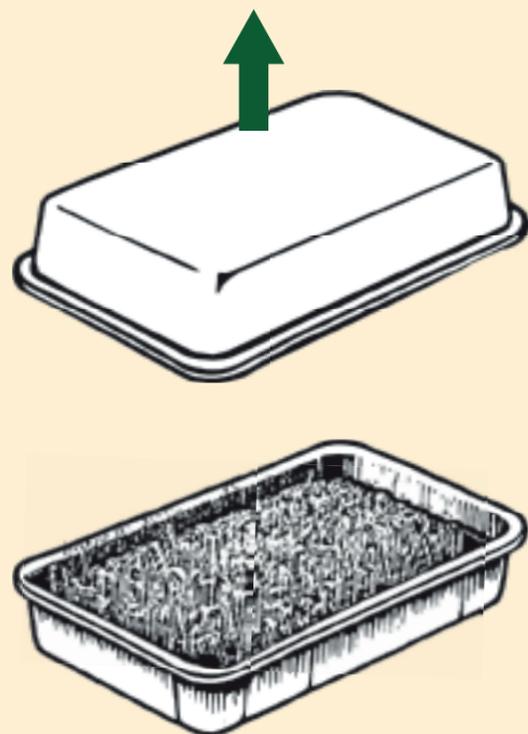
Day 6

Growth

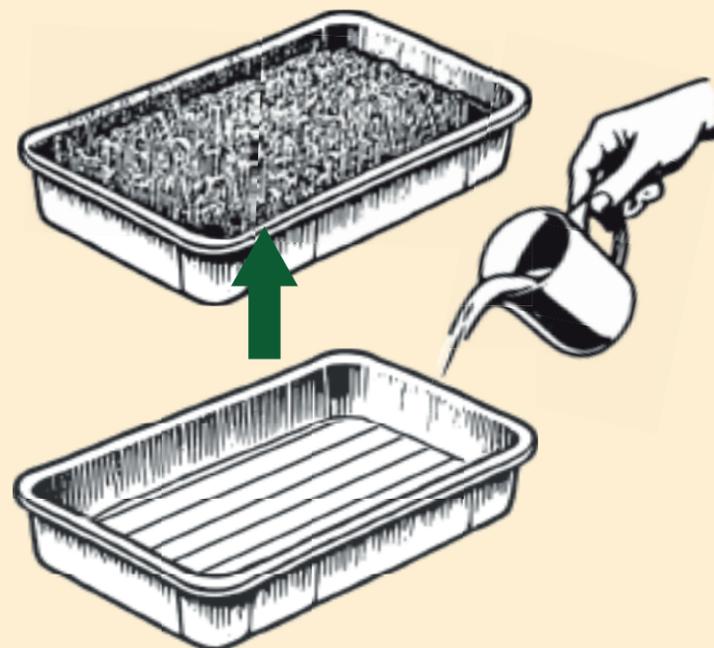


16 hours

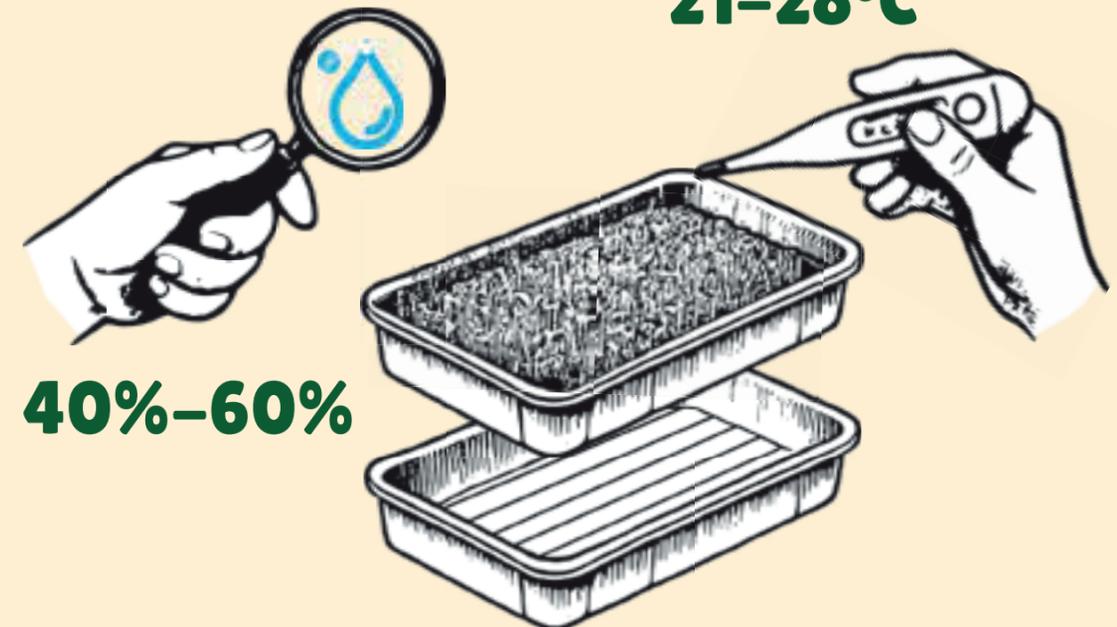
A. Uncover each tray, exposing to light



B. Bottom water (2 cups)



C. Check temperature (21 and 28 celsius) and humidity (40% and 60 %)

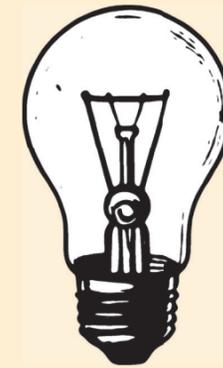


21-28°C

40%-60%

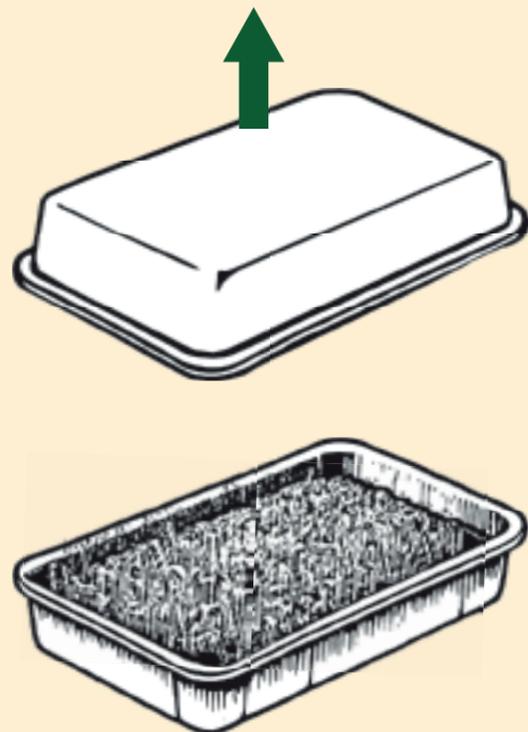
Day 7

Growth

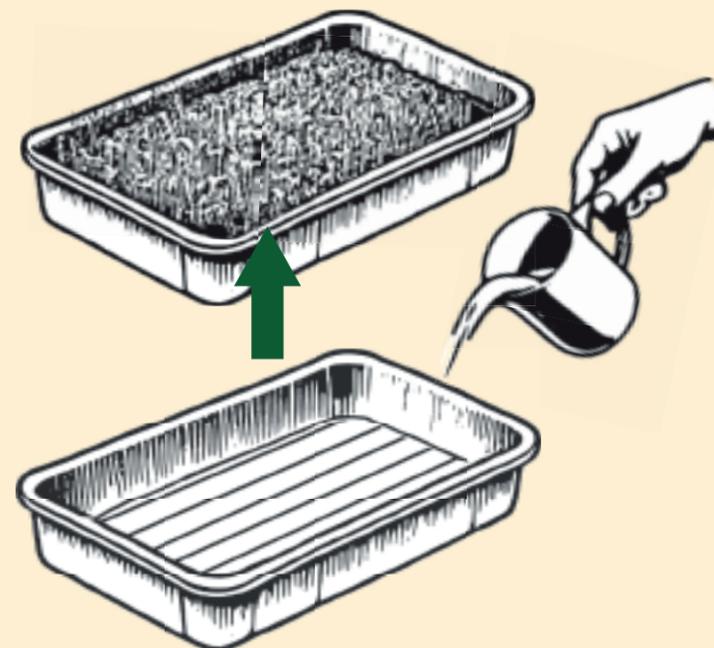


16 hours

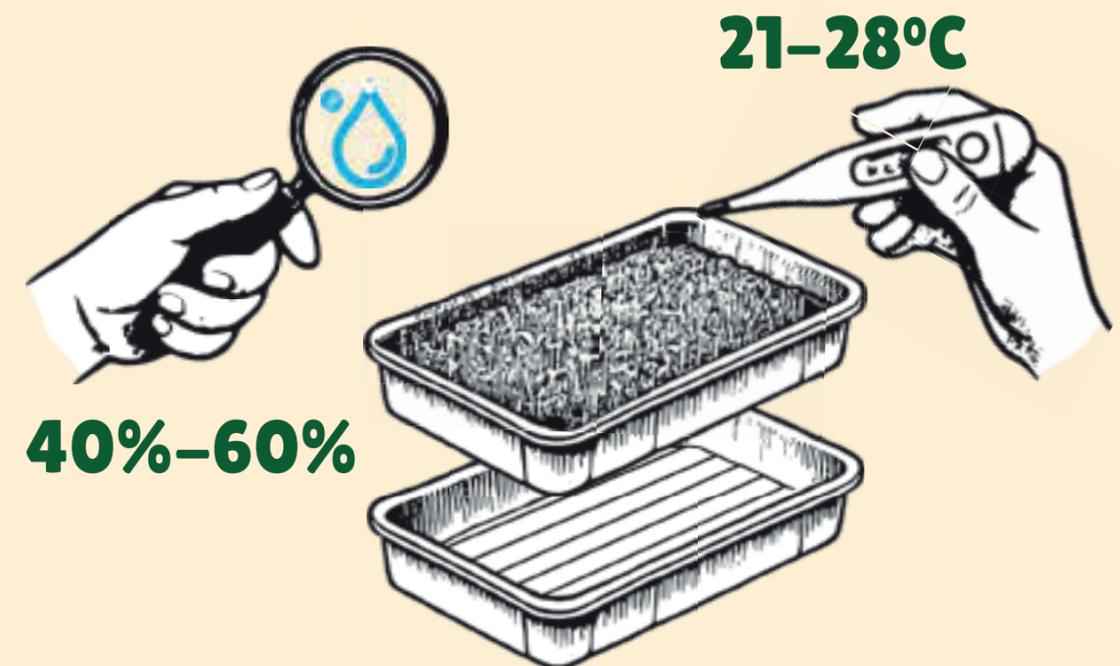
A. Uncover each tray, exposing to light



B. Bottom water (2 cups)



C. Check temperature (21 and 28 celsius) and humidity (40% and 60 %)



21-28°C

40%-60%

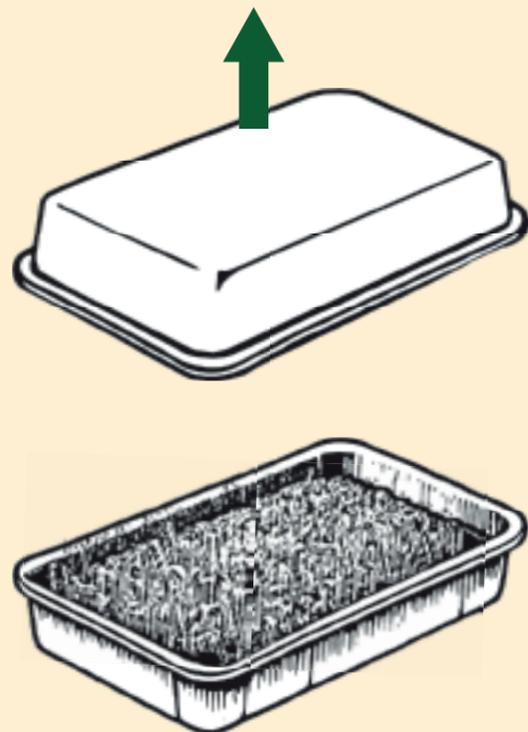
Day 8

Growth

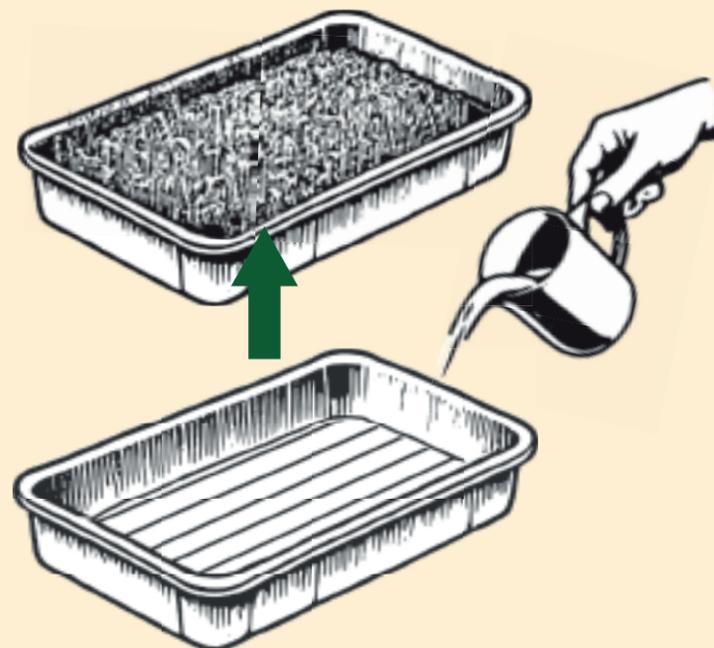


16 hours

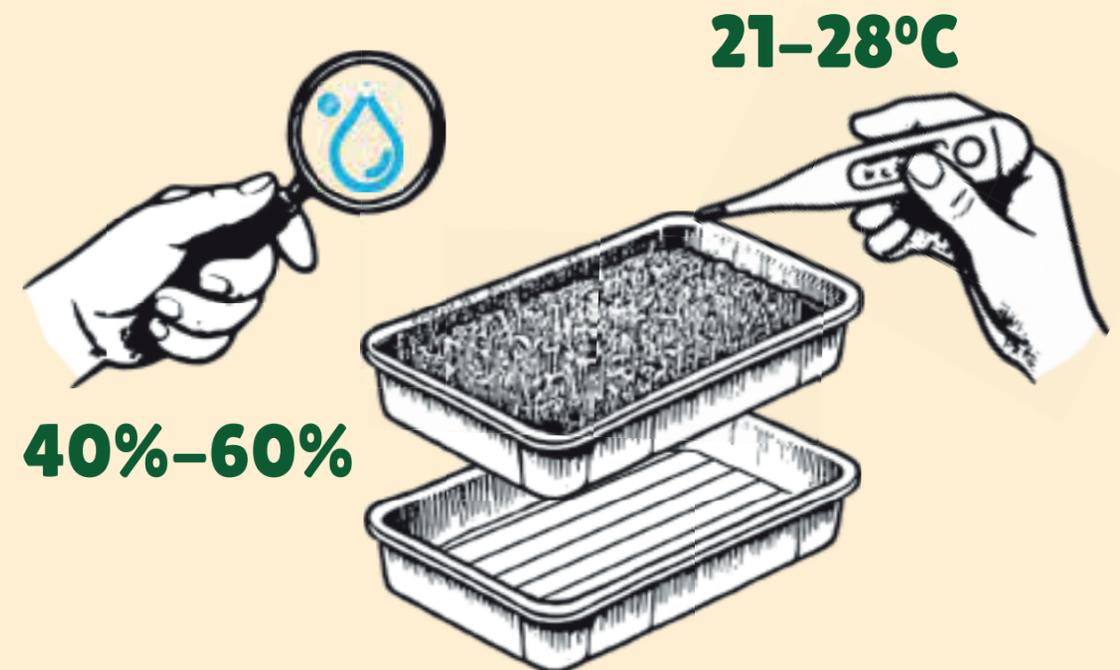
A. Uncover each tray, exposing to light



B. Bottom water (2 cups)

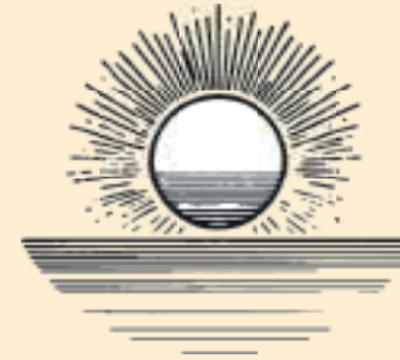


C. Controlá temperatura (21-28 celsius) and humidity (40% and 60 %)



Day 9

Harvesting



Morning time, do not water that day

A. Cut the leave just above the soil



B. Dry the microgreens in paper towel



C. Clean the trays



Summary of Timeframes

Germinación

4-5 days (during stacking phase).

Growth

6–9 days after unstacking, with exposure to light.

Harvest

Typically, microgreens are ready 7–9 days after sowing, depending on the variety and conditions.